

# BREAKING OPEN THE WORD



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July 6, 2014

Fourteenth Sunday in Ordinary Time

Lectionary: 100

**Gospel** [mt 11:25-30](#)

At that time Jesus exclaimed: "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him." "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

## Spiritual Reflection

Archbishop Fulton Sheen stated in his book *The Life Of Christ*: "Simon was probably one of the curious thousands who were interested in seeing a man go to death, and who stood on the roadway until the long arm of the Roman law forced him to share the ignominy of a Cross. Though at first reluctant because compelled, he nevertheless must have found, as Our Lord said His followers would, "the yoke sweet and burden light." Otherwise his two sons would not later have been mentioned by Paul as pillars of the Church." According to tradition the Rufus mentioned Romans 16:13 is the son of Simon of Cyrene. How do we encourage others to wear Christ's yoke through our example of wearing Christ's yoke.

## Spiritual Question

1. How do you wear the yoke of being a Christian?
2. How are you passing on the faith to the next generation?
3. Do you believe being a Christian is sweet and light?
4. What labors are you doing to build up the kingdom?
5. What talents do you have to share with the Church?