



**March 11, 2018 - Year B Fourth Sunday of Lent Lectionary: 32 Gospel JN 3:14**

Jesus said to Nicodemus: "Just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life." For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God. And this is the verdict, that the light came into the world, but people preferred darkness to light, because their works were evil. For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed. But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.

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### **Spiritual Reflection:**

"Holiness does not consist in not making mistakes or never sinning. Holiness grows with capacity for conversion, repentance, willingness to begin again, and above all with the capacity for reconciliation and forgiveness." - Pope Benedict XVI. Often human beings will not stop doing something bad until the thing they are doing hurts themselves or another in a horrible way. For example a person drives drunk all the time will keep doing so until he crashes. We, sinners are similar in that we keep sinning until we realize the damages our sins cause. This is why looking at a Crucifix can help us in overcoming temptation.

### **Spiritual Questions:**

1. What are the consequences of your sins for you?
2. What are the consequences of your sins for others?
3. What are the consequences of your sins for God?
4. When was the last time you looked upon a crucifix and thought about the price Jesus paid to forgive your sins?
5. When was the last time you went to confession?